

PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: RZV

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Holder Ann HEADCOACH

Coaches: Houthoofd Ludovic

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M BACKSTROKE MEN 13+ Heat:2, starttime: 09:52

Heat: 2/4 Lane : 5 Athlete: HOUTHOOFD THIBAUD Q-time: 02:36:92

PB (50m pool): 02:44.38 Antwerpen 20/07/2025 PB (25m pool): 02:36.92 SB: 02:45.08 Kortrijk 26/12/2025

	50 M	100 M	150 M	200 M	
PB	00:38.27	01:20.16	02:02.95	02:44.38	
	00:38.27	00:41.89	00:42.79	00:41.43	
	

Coach feedback: